

# 9<sup>th</sup> Annual Southeast Texas/Southwest Louisiana Crisis Preparation and Sustainable Living Expo

February 16, 2019, from 8 a.m. until 4 p.m.

3274 Little Cypress Drive, Orange Texas

## **Class and Room Schedules:**

See class descriptions to follow for more information

### **9 a.m.**

Why Prepare and How to Get Started (avoiding costly mistakes) **room B2**

A to Z Gardening **room B4**

Sustainable Living: Where to begin, when to progress, and when to change direction. **room A**

Introduction to Bee Keeping, **room C1**

7K Metals and Wealth Strategies, **room D**

Wilderness Camping and Survival (No Lab) **room B5**

Chickens 101 **room B3**

### **10 a.m.**

Growing Citrus in Southeast Texas, **room B3**

Sharpening Knives and Tools, **room B4**

Pan Pan or Mayday- Situational Awareness for a Self Reliant Mindset, **room D**

Building a Prepper Community, **room B2**

Living Sustainably and Food Secure, **room A**

Pressure Canning Meat\* **room: Dining Hall Kitchen**

\*There is a registration limit for the canning class. To register in advance please call (409) 883-8905

### **11 a.m.**

Chainsaw Safety **room B1**

A to Z Gardening, **room B4**

Prepping for Man Made Disasters and Conflicts, **room B2**

7K Wealth Strategies, **room D**

Soap Making (no lab), **room B3**

Medicinal Uses of Honey, **room C1**

Dutch Oven Cooking for Beginners at Camp or at Home, **room: Outside the foyer**

**Lunch is available for a nominal fee, in the Expo Hall, from noon until 1 p.m.**

### **1 p.m.**

Chainsaw Safety, **room B1**

Pan Pan or Mayday- Situational Awareness for a Self Reliant Mindset, **room D**

Sharpening Knives and Tools, **room B4**

Predicting Weather Off Grid, **room B3**

Soap Making\* (with Lab), **room: Dining Hall Kitchen**

\*There is a registration limit for soap production class. To register in advance please call (409) 883-8905

## **2 p.m.**

The Role of Bartering Systems in an Age of Fiat Currency, **room A**

7k Metals and Wealth Strategies, **room D**

Soap Making (no Lab), **room B3**

Why Prepare and How to Get Started (avoiding costly mistakes), **room B2**

Wilderness Camping and Survival (with Lab), **room B5**

Developing Cash Flow from Beehive Products, **room C1**

## **3 p.m.**

A to Z Gardening, **room B5**

Building A Community of Sustainability, **room A**

Pan Pan or Mayday- Situational Awareness for a Self Reliant Mindset, **room D**

Prepping and Sustainable Living Lessons From the Bible, **room B2**

**The Expo hall will close at 4 p.m.** Thank you for spending some of your day with the Southeast Texas/Southwest Louisiana Crisis Preparation and Sustainable Living Expo. If you would like to make a donation to the venue for expenses, the money will be used to market this event for its 10<sup>th</sup> Anniversary in 2020. These funds should be directed to Little Cypress Baptist Church and include a note at the bottom of your check that it is for the Crisis Expo. This is not a tax deductible contribution. Thank you for your support!

## **Course Descriptions:**

**A to Z Gardening** covers everything from soil to soil amendments, from square foot gardening to harvest and storage methods. Sherry Thompson has years of practical experience in this area.

**Sustainable Living: Where to Begin, When to Progress, and When to Change Directions**, covers the absolute basics and when you know you are ready to move to the next level. Sometimes you may be required to change your plans to something new that is really more sustainable than your plan A. Russell Traweek has his own sustainable farm and much practical experience.

**Why Prepare And How To Get Started**, with Lonnie McCabe. This is a bedrock course for the Expo over all of our years of existence. You can waste a lot of money in preparedness by misdirecting funds to things that are not the main goals. Come and learn the real why and the what-for's of prepping.

**Introduction to Bee Keeping** by Brian Muldrow of Muldrow Bee Farm is a local expert that teaches courses all year long throughout this region. If you want a true picture of what it takes to get started and be sustainable in beekeeping, you need to take this class.

**7K Metals Wealth Strategies** with Rob Preston. Though Rob is new to us this year, this is an area of expertise that has been his strong suit for many years. You can learn the various types of investments that are available using precious metals.

**Wilderness Camping and Survival**, with Lonnie Evan McCabe. This Lonnie is not to be confused with his father who teaches Why Prepare and How To Get Started. You can see that these interests have been a part of this family for decades. This course will give you the basics in getting by on a minimalist but survivable level.

**Chickens 101**, by Lana Adams. This class is exactly what it sounds like. What kinds of chickens are out there and which ones are best for eggs or meat. How do you get started and keep your flock healthy? This is it!

**Growing Citrus in Southeast Texas**, by Mr. Bonnie Childress. This man is a living legend in the field of growing citrus and pecan trees. As I remember he is near 90 years old, give or take. I don't think there is too much that you could want to know that he can't answer.

**Sharpening Knives and Tools**, by Donie Thompson. Donie is a former Seabee, which is a construction unit connected to the U.S. Navy. You can imagine how important it was to have tools that worked effectively in the jungles of Vietnam. Come and learn what he has to say to make your life and work easier.

**Pressure Canning Meat**, by Fallon Foster. Fallon could teach many of the classes that have to do with the home and other health and food issues. She works for Orange County as the County Extension Agent for Family & Consumer Sciences. Canning meat is the most challenging thing to process in mason jars. Once you have gotten canning meat down, everything else will seem easy. The Kitchen only holds so many people so please call in for a spot on the list. Little Cypress Baptist at (409) 883-8905.

**Living Sustainably and Food Secure** by Russell Traweek. In this class, Russell is teaching how to butcher, preserve food, and store food on the homestead.

**Pan Pan or Mayday- Situational Awareness for a Self Reliant Mindset**, by Steven Chung. How do you develop the ability to know what you need to have, or need to do in all of the random circumstances in life? This class will help you get a prepper mindset that will guide you through even split second choices for what could be the best possible choices or the source of important lessons in life.

**Building a Prepper Community**, by Bob Trost. Bob was one of the founding leaders of the Crisis Expo. His experience is built on the truth that no one person or even two people can do everything that needs to be done in a crisis situation. How will you meet security needs, medical needs, sanitary needs, food needs, etc. and get the rest that is required to survive?

**Chainsaw Safety** by James Huselton. James is a part of the Texas Baptist Men's Disaster Relief team who do chainsaw work after disasters all across the nation. He wants to speak to you about how to be safe with one of the most dangerous tools on the face of the earth. This class will not prepare you to be a lumberjack. He hopes it will prepare you to know when you are over your head in situation and how to keep your life and appendages, and to protect the lives of others.

**Prepping For Man Made Disasters and Conflicts** by Bob Trost. This is the same Bob that teaches Building A Prepper Community. Do you ever consider the possibility that our nation could face a serious attack from terrorists or other governments? There are some specific steps that you can take to make these kinds of events survivable but you have to be willing to think about the possibilities with someone like Bob, first.

**Soap Making** with Carol Parsley. Carol has a great little business in soap. She knows more about it than most of us can even imagine. If you want to hear about the process, Carol will be teaching the methods and showing the products that you can produce. You will also see Carol's booth in the Expo Hall.

**Medicinal Use of Honey**, by Gwen Borel. Everyone knows about essential oils, but are not aware of the amazing things that honey can do. Ancient societies like Egypt depended on honey for many medicinal purposes. Gwen will show you, as an avid local beekeeper, how you can benefit from local honey.

**Soap Making (with a Lab)**, by Tammy Muldrow. Tammy is also from Muldrow Bee Farm. She has a wonderful business in soap and bee products that are on display in the Expo Hall today. If you want to see it done from start to finish you will want to call in and get on the list. The Kitchen only holds so many people so please call in for a spot at Little Cypress Baptist Church: (409) 883-8905.

**Predicting the Weather Off-Grid**, by Jonathan Brazzell. Jonathan works for the National Weather Service, and we are glad to have his expertise today. As you can imagine, the tools of the NOAA are complex and expensive. What would you be able to tell about the weather coming your way, based on what you can see in the clouds? What are some of the simple tools that people depended on in the past to make their best guess? In a grid down situation, with little or no national communication, could you see some clues?

**The Role of Bartering Systems in an Age of Fiat Currency**, by Russell Traweek. Yes, this is the Russell Traweek of all the sustainable living and homesteading classes mention earlier. I know Russell, and I can tell you that he has used these bartering systems and they are alive and well in Texas and Louisiana today. What do people barter and how do you determine the value of what you have and what you want?

**Developing Cash Flow From Bee Hive Products**, by Gwen Borel. Have you hear of beeswax, or bee pollen? Do you know there are all kinds of uses for these products and more? It's not all about honey and the bees do all the work that you cannot do to make it all profitable.

**Building A Community of Sustainability**, by Russell Traweek. You can imagine that one family would have a hard time doing everything required to be successful in every aspect of homesteading in a sustainable way. How could you work with others so that the strengths and resources of the each participant made everything work out better for the whole group?

**Prepping and Sustainable Living Lessons From the Bible**, by David Turner. Prepping is a slang word that refers to a process that has been going on ever since the Garden of Eden. What lessons are there to be learned from the eternal Word of God?

**The Southeast Texas/Southwest Louisiana Crisis Preparation and Sustainable Living Expo does not take responsibility for the advise or direction of our speakers. This is a grassroots community service that depends on the reputation of each speaker as shared with us by those that attend the annual event.**

